



Briefs . . .

Townhall meeting

A townhall meeting to discuss Residential Communities Initiative issues will be today from 6 to 8 p.m. at the Roadrunner Community Center. Officials will address the transition period, development scope, housing operations, and community policies and procedures. Lease questions will also be answered. For more information, call the RCI Office at 221-0948 or 221-0891.

Black History Month ceremony

The Fort Sam Houston Black History Month commemoration ceremony will be Wednesday from 11 a.m. to 1 p.m. at the Roadrunner Community Center. Events include a presentation from Dr. Robert Zeigler, president of San Antonio College, and a wreath-laying ceremony to honor African-American Soldiers. “The Invisible Soldiers,” a 40-minute historical presentation on the contributions of African American Soldiers from World War II, will also be shown. Food and refreshments will be served. For more information, call 221-7709. For more on Black History Month, see Page 20.

Nuevo Laredo travel warning

The U.S. Consulate in Nuevo Laredo, Mexico, has issued a warning message cautioning U.S. citizens who live or work in the border area. At least 21 U.S. citizens have been kidnapped or disappeared in the region since August. U.S. citizens are urged to be especially aware of safety and security concerns when traveling through or visiting near the U.S. and Mexico border area.

Army Chorale performance

The U.S. Army Chorale will perform Saturday at Laurie Auditorium, Trinity University, 715 Stadium Drive, from 7 to 8:30 p.m. The concert will feature popular and country music from yesterday and today, and will include original patriotic arrangements. The event is free and open to the public. Seating is on a first-come, first-served basis. For more information, call Joe Cavanagh at 221-3185 or e-mail joseph.cavanagh@sam-houston.army.mil.

Band on leave

The U.S. Army Medical Command Band will be on leave March 14 to 18. No missions will be approved for that period. For more information, call 221-9595.

New war surgery handbook

The Borden Institute and Army Medical Department Center and School have developed a new Emergency War Surgery Handbook designed to be used as a rapid reference and revised to reflect lessons learned from ongoing American involvement in Southwest Asia. EWS is available on Army Knowledge Online and the Borden Institute Web site (www.bordeninstitute.army.mil). For more information, call Andy C. Szul at 782-7571 or e-mail andy.szul@na.amedd.army.mil.



Photo by Michael Dulevitz

Willie Nelson, a Texas-based singer and songwriter, plays for a packed audience Tuesday at the Brooke Army Medical Center medical mall. Nelson, accompanied by his daughter, Lana, and sister, Bobbie, attended a Purple Heart presentation ceremony, visited Soldiers injured in the Global War on Terrorism and performed for about an hour. Nelson invited the Soldiers to come see him when they get out.

Army leaders honor OIF Soldiers with Purple Hearts

Willie Nelson delivers musical salute to BAMC patients

By Elaine Aviles
Fort Sam Houston News Leader

Four Soldiers injured while supporting Operation Iraqi Freedom received Purple Hearts during a ceremony Tuesday at Brooke Army Medical Center.

The recipients, all recovering at BAMC, were Staff Sgt. Glenn Ross, Sgt. Willie Allen, Pfc. Benjamin Tynes and Pfc. Andrew Wade.

Lt. Gen. Kevin Kiley, Army surgeon general and Army Medical Command commander, and Brig. Gen. C. William Fox Jr., BAMC commander, presented the Purple Hearts. The medal is given to U.S. service members or civilian nationals wounded or killed in combat.

“This is one award you don’t wish for,” Kiley said. “It was a tremendous sacrifice, not just being injured, but by taking the oath, training and being prepared for when America calls.

“We’re going to win this war,” he continued. “I know because I see these great Soldiers standing in front of us.”

Also in attendance at the ceremony was singer and songwriter Willie Nelson, who took a break from the road to thank Soldiers recovering at BAMC for their sacrifices with a concert and bedside visits.

“We want to let these folks know that we are behind them, we appreciate them and we wish them well,” said the Texas native. “We want them to get well, to come home and we are all pulling for them.

“These are incredible human beings, and I am real proud to be able to meet them and shake their hand,” he added.

So far, BAMC has cared for more than 1,450 Soldiers injured in OIF and Operation Enduring Freedom. Fox said it is an honor to care for each one.

“The Soldiers here today are representative of America’s finest,” Fox said. “Caring for them has been an affair of the heart.”

The Purple Heart recipients, all wounded in Iraq, sustained injuries that ranged from a fracture to third degree burns.

See **PURPLE HEARTS** on Page 3

New center offers renewed hope for military amputees

By Donna Miles
American Forces Press Service

To their grandparents and even their parents, amputation was an ugly word that meant a lifetime of restrictions and dependence.

Not so for patients being treated at the amputee care center at Brooke Army Medical Center. Most see their loss of limbs suffered in Iraq or Afghanistan as temporary setbacks as they strive to return to active lives, and in some cases, to military duty.

Sgt. Chris Leverkus is a Reserve fueler

who lost his leg in January 2004 near Fallujah, Iraq, after a homemade bomb and rocket-propelled grenade hit his truck. He admits that when he first saw his injuries, he thought he’d never walk again. Now on his “fourth or fifth” prosthesis, he’s built himself up to running two laps around a quarter-mile track and laments that it’s his left leg — the one that was saved — that’s holding him back as he pushes for longer distances.

Leverkuhn left Wednesday for a five-day snowboarding trip to Sun Valley, Idaho, and said he’s anxious to get back on his dirt bike back home in Lafayette, Ind.

Spc. Matthew Houston’s left leg was shat-

tered by a .50-caliber machine gun round in November 2003 near Samarra, Iraq. He fought valiantly to save the leg so he could resume his love of hiking, fishing and hunting.

Houston endured 20 surgeries here over the course of 14 months, having his leg pieced together with a titanium spacer and 13 rods and pins, and undergoing grueling physical therapy five days a week. He was well on the road to recovery until infection set in. Unwilling to essentially return to square one of his treatment, he finally agreed to amputation.

See **AMPUTEES** on Page 5

Secretary of Defense sends message to troops following Iraqi elections

By Donald H. Rumsfeld
Secretary of Defense

On Jan. 30 in Iraq, the world witnessed an important moment in the global struggle against tyranny, a moment that historians might one day call a major turning point. America’s men and women in uniform, who were instrumental in the liberation of Iraq, were there to witness this moment as well.

During the struggle to bring freedom to Iraq, many of you have faced difficult times far from home. I suspect there have been moments along the way when some of you may have wondered whether or not the effort would be worth the cost, or whether even the

people you were trying to help truly stood with you.

Last Sunday, the Iraqi people answered those understandable questions in a resounding way, just as voters had in Afghanistan last October. The world is experiencing a global struggle between freedom and fear — and you are on the side of freedom. That’s the side to be on. And the people of Afghanistan, and now the people of Iraq, have chosen to stand with you.

Consider the courage it took for the Iraqi people to go to the polls when they had been warned that the act of voting could cost them and their family members their lives. Think of the determination they must have pos-

sessed to risk becoming targets for bombings or beheadings.

And yet the Iraqis voted — millions of them.

Voters arrived on crutches and donkey carts, passing by graffiti warnings on the walls that said: “You vote, you die;” Iraqis came to a polling station to vote even after a rocket attack had killed three people several hours earlier; children waved Iraqi flags as they witnessed the birth of their new, free system; elderly women with tears in their eyes held up their voting cards; and voters displayed their ink-stained fingers as badges of honor in the fight against extremism.



Donald H. Rumsfeld
Secretary of Defense

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Fort Sam Houston News Leader

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Purple Hearts

Continued from Page 1

Ross, an infantryman from the 506th Infantry Battalion at Fort Carson, Colo., was injured Sept. 8 while on patrol in Habania, Iraq. He was hit by an improvised explosive device and sustained a fracture to his foot.

Tynes was shot in the leg Nov. 12 during the Fallujah invasion in Ramadi, Iraq. He is an infantryman from 1st Battalion, 9th Infantry Regiment at Fort Carson, Colo.

Wade, an infantryman from the 35th Infantry Regiment at Schofield Barracks, Hawaii, was injured July 26 by an IED while on a reconnaissance patrol along the Pakistan border. He sustained burns to his face, arms and lower back.

Allen was injured Nov. 30 by an IED in Baghdad, Iraq. He suffered multiple contusions to his body and third degree burns to both hands and face. Allen is a petroleum heavy vehicle operator from the 115th CS Battalion at Fort Hood, Texas.

“It’s not an award they congratulate you on,” Allen said. “But I appreciate everyone coming out and saying thanks to me.”

Many family members and friends attended the ceremony, along with fellow patients also recovering from war wounds.

“I’m amazingly proud,” said Tynes’ mother, Gail, who traveled from Round Rock, Texas. “but not just of the Purple Heart. I’m very proud my son made the choice to be in the Army. All Soldiers make a choice to serve. Our world is a better place because of them.”

The Purple Heart recipients, families and other Soldiers attended Nelson’s concert, which followed the ceremony.

“I am pretty proud that someone of that stature would come out and say thank you to me,” Wade said.”

(Michael Dulevitz, BAMC Public Affairs, contributed to this article)



Photos by Shadi May
(Above) Gail Tynes kisses her son, Pfc. Benjamin L. Tynes, who had just received a Purple Heart for injuries sustained in Operation Iraqi Freedom.

(Right) Lt. Gen. Kevin Kiley, Army surgeon general and Army Medical Command commander, pins a Purple Heart on Pfc. Benjamin Tynes for injuries sustained in Iraq.



Photo by Nelia Schrum
(From left) Sgt. Willie C. Allen, Staff Sgt. Glenn A. Ross, Willie Nelson, Lana Nelson (Nelson’s daughter), Pfc. Benjamin L. Tynes (seated), Bobbie Nelson (Nelson’s sister and keyboardist), and Pfc. Andrew J. Wade gather prior to the Purple Heart ceremony. Allen, Ross, Tynes and Wade received Purple Hearts for injuries sustained in Iraq. Nelson made a special trip to Brooke Army Medical Center to thank Soldiers for their sacrifices.



MTSS decreases out-of-pocket expenses for Soldiers

By Capt. James J. Jones,
187th Medical Battalion A Company commander

Several Army Medical Department courses at Fort Sam Houston have transitioned to a new Army initiative to save training resources.

Soldiers are not required to pay for meals, lodging or transportation while they attend certain training courses. Instead, the Army has developed a system called Military Training Service Support to ensure Soldiers will not have to pay for these expenses initially and later submit a travel voucher for reimbursement.

The goals of MTSS include: improve the programming, budgeting and execution of training service support funds (billeting, meals and transportation) for temporary duty students attending Army

schools; identify ways to reduce Army service support costs; decrease Defense Financing and Accounting Service transaction costs, government credit card debit and out-of-pocket expenses incurred by Soldiers; and optimize installation service support capabilities.

MTSS applies to all Army military components and ranks and will not alter or stop Basic Allowance for Subsistence.

The following courses at Fort Sam Houston are required to comply with MTSS: AMEDD Officer Basic Course, AMEDD Captains Career Course, AMEDD Reserve Course Captains Career Course, Combined Logistics Captains Career Course, Health Services Warrant Officer Basic Course, AMEDD Warrant Officer Advanced Course, AMEDD Pre-command Course, Basic NCO Course

Phase I and II and Advanced NCO Course Phase I and II.

Soldiers attending BNCOC will continue to have meals at the installation dining facility seven days per week at no cost. All other Soldiers are authorized to eat at the dining hall five days per week at no cost; they receive local rate per diem on weekends and federal holidays.

An on-post shuttle bus is available on weekdays to transport Soldiers. Students are also allowed \$30 per week for taxi fares. Mileage for resident service school students can also be authorized by the order-issuing official. When approved, students are reimbursed for up to 10 miles a day if assigned on-post lodging and 25 miles a day if they live off-post but are trained at Fort Sam Houston.

Post support agencies and leaders wel-

come student feedback as a method to improve the services and facilities on the installation. Recent feedback resulted in staggering lunch periods to reduce crowding and improve access to the facility. Mary Jane Garza, installation dining facility manager, continues to monitor student feedback and is working with the dining facility contractor to improve the dining experience. Many of the students’ suggested improvements have been implemented at the Rocco Dining Facility, like a new overhead shelter installed outside the entrance of the facility and improved salad bar.

For more information about MTSS, go to <http://www.hqda-odcsops.army.pentagon.mil/mtss/> or <http://www.cs.amedd.army.mil/187medbn/alpha>.

Message

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Iraq’s security forces also deserve recognition for their bravery and their willingness, despite the threats, to wear their country’s uniforms and to provide security on Sunday for both the millions of voters and the thousands of election workers.

These are times of consequence. In the past few months, 50 million free people in

Afghanistan and Iraq have begun to build new futures. They have rejected the extremism that fuels attacks on civilized people. And you have made that possible. Have no doubt: the courage and sacrifices of U.S. forces have helped to create the environment in which Afghans and Iraqis are developing the ability to take hold of their countries.

Now these free people continue to seek

your help in building free, democratic and peaceful nations in some of the world’s most violent regions. No one treasures peace more than you who have endured the horrors of war.

So to all of you who are serving on freedom’s front lines, and to your families, I offer my deepest appreciation and respect. To those who have lost friends or loved ones during this conflict or who

have been injured in defense of our freedom, find comfort in knowing that your sacrifices have historic meaning. And know that one day, the people of Iraq and Afghanistan will find a way to thank you, as I do, from the bottom of my heart.

May God bless you and may God bless the United States.

(Source: American Forces Press Service)

Antiterrorism Awareness

FSH Force Protection Condition is ALPHA

What are Force Protection Conditions? FPCONs are graduated categories of measures or actions commanders take to protect personnel and assets from terrorist attacks. FPCONs are set by commanders locally based on terrorism threat information and guidance from higher headquarters. A raise in FPCONs means an increase in our security posture, so expect additional and more stringent security measures as the FPCON is raised. DoD O-2000.12H defines the five FPCONs as follows:

NORMAL - Applies when a general global threat of possible terrorist activity exists and warrants a routine security posture.

ALPHA - Applies when there is an increased general threat of possible terrorist

activity against personnel or facilities, the nature and extent of which are unpredictable.

BRAVO - Applies when an increased or more predictable threat of terrorist activity exists.

CHARLIE - Applies when an incident occurs or intelligence is received indicating some form of terrorist action against personnel or facilities is likely.

DELTA - Applies in the immediate area where a terrorist attack has occurred or when intelligence has been received that terrorist action against a specific location or person is imminent.

For more information, call Terri Stover, FSH Antiterrorism Office, at 295-0535.

Staff Sgt. James Hunt prepares for hands-on training during the Veterinary Command NCO and Soldier of the Year competition. Hunt, selected as the NCO of the Year, is stationed at Fort Sill, Okla.



Photos by Sgt. Carlynn Fikes

Veterinary Command announces NCO, Soldier of the Year

By Esther Garcia
FSH Public Affairs Office

The Veterinary Command conducted its first ever NCO and Soldier of the Year competition.

The NCO of the Year is Staff Sgt. James Hunt. Hunt is currently assigned as the NCO in charge of the Animal Section at Fort Sill, Okla. Hunt’s long-term goals are to complete his undergraduate degree, be accepted and graduate from veterinary school.

The Soldier of the Year is Spc. Mossaab Benhammou. Behnammou is serving his first duty assignment at the Fort Sam Houston Commissary. He is assigned to the South Plains District Veterinary Command from Fort Hood,

Texas. Behnammou plans to finish a bachelor’s degree in biology.

The competition began Jan. 26 with the candidates being issued their TA-50s and turning in two- to 10-page essays. The topic was sexual assault.

The competition also included weapons qualifications and warrior task training part one and two, which included nuclear, biological and chemical defense training, first aid, communication and casualty reporting, and handling and defensive measure tasks at Camp Bullis. Other events included the Army Physical Fitness Test, day and night land navigation, a grueling 6-mile road march with a 90-minute time limit, drill and ceremony, and a 50-question written test on all military subjects.

An oral board conducted by sergeants major from the Great Plains Regional Veterinary Commands graded the candidates on uniform and appearance, oral expression, military bearing and other general military subjects totaling approximately 80 questions.

“I was impressed by the quality of these Soldiers. They are all winners,” said U.S. Army Veterinary Command Sgt. Maj. Jose Rodriguez.

The Soldiers competed at branch, district and regional commands to get to the Veterinary Command level.

“I had the honor of listening to the Secretary of the Army, Dr. Frances Harvey, at the Sergeant Major of the Army conference a couple of weeks ago, and one of his seven priorities is the development of current and future leaders,” said Rodriguez. “Well, I think we are in great shape; these are outstanding Soldiers and our future is in great hands.”



Spc. Mossaab Benhammou is the Soldier of the Year for the Veterinary Command. Behammou is stationed at Fort Sam Houston and assigned to the South Plains District Veterinary Command based out of Fort Hood, Texas.

32nd Med. Bde. sponsors Soldier Readiness Processing

By John Seipp
32nd Medical Brigade

The 32nd Medical Brigade will conduct medical Soldier Readiness Processing Feb. 28 to March 4. The SRP goal is to maintain the deployment readiness of people assigned to the Army Medical Department Center and School.

SRP activities will include medical records review, immunizations and HIV/DNA serum tests as needed.

The AMEDD C&S and 32nd Med. Bde. SRP will be split between two locations, Willis Hall and 232nd Med. Bn. area.

For units scheduled for Feb. 28, March 1 and 2, SRP will be in

Willis Hall, Bldg. 2841, on the second floor in rooms 2202, 2206 and 2105 from 7 a.m. to 4:30 p.m.

For units scheduled for March 3 and 4, the screening will be in the 232nd Med. Bn. Area, Bldg 1350 Learning Resource Center 1, from 7 a.m. to 4:30 p.m.

People must bring their military ID cards, ID tags and yellow shot card (International Certificate of Vaccination PHS 731) to the SRP site during the scheduled times. This is for permanent party only, not students. If not in duty uniform, people must bring a second form of identification.

For more information, call John Seipp, 32nd Med. Bde. S-3, at 221-4228 or DSN 471-4228.

Soldier Readiness Processing schedule

UIC	UNIT	DESCRIPTION
Feb. 28	W3VZ04	A ACAD BN AHS
Feb. 28	W3VZ09	D CO ACAD 32ND MED BDE
Feb. 28	W3VZ7A	HHd 187TH MED BN
Feb. 28	W3VZ7B	CO A-187TH CADRE
Feb. 28	W3VZ7D	CO B-187TH CADRE
Feb. 28	W3VZ7G	CO C-187TH CADRE
Feb. 28	W3VZ7K	CO D-187TH CADRE
Feb. 28	W3VZ7N	CO E-187TH CADRE
Feb. 28	W3VZ9P	PASBA DIRECTORATE
March 1	W3VZ06	C ACAD BN AHS
March 1	W3VZ9K	HHd, ACADEMY BATTALION
March 2	W3VZ05	B ACAD BN AHS
March 3	W3VZ07	E ACAD BN AHS
March 3	W3VZ81	C0 G 232D MED BN
March 4	W3VZ80	NCO ACAD AHS
March 4	W3VZ8A	HHd 232D MED BN
March 4	W3VZ8B	C0 A-232D CADRE
March 4	W3VZ8E	C0 B-232D CADRE
March 4	W3VZ8H	C0 C-232D CADRE
March 4	W3VZ8L	C0 D-232D CADRE
March 4	W3VZ8P	C0 E-232D CADRE
March 4	W3VZ8S	C0 F-232D CADRE
March 4	W3VZ8Y	NCO ACAD AHS BNCOC PP
March 4	W3VZ8Z	NCO ACAD AHS ANCOC PP
March 4	W3VZ9N	HQ AND HQ COMPANY
March 4	WCS6AA	AG BND

Military vehicles in Iraq to get up-armored by Tuesday

By Gerry J. Gilmore
American Forces Press Service

WASHINGTON, D.C. – Insurgents will have a tougher time targeting U.S. troops riding in Humvees and other vehicles in Iraq come Tuesday.

That’s when, Defense Secretary Donald H. Rumsfeld told CNN interviewer Larry King Feb. 3, “there will not be a vehicle moving around in Iraq anywhere outside of a protected compound that does not have the appropriate armor.”

Speaking to King from the Pentagon via a video hookup, Rumsfeld noted that specialists had been flown into Iraq in recent weeks to attach shipped-in supplemental armor to various U.S. military vehicles.

Rumsfeld praised U.S. military planners for adjusting to the insurgents’ hit-and-run tactics, noting “there is no line of battle in an insurgency.”

The U.S. military in Iraq, the secretary pointed out, has “provided force protection in a country and in an insurgency where

there is no forward edge of the battlefield.”

Rumsfeld also lauded the successful Iraqi elections held Jan. 30, noting Iraqi forces had provided security around 5,000 polling sites across the country.

Ongoing efforts to train and equip Iraqi army troops and police “are well along,” Rumsfeld reported. U.S. troops would stay in Iraq “as long as needed, and not one day longer,” he said.

Looking back, Rumsfeld praised the leadership of Army Gen. Tommy Franks, the now-retired former U.S. Central Command chief, who quarterbacked the combat offensive that destroyed Saddam Hussein’s military.

“The major combat operation (against Saddam) lasted a very short period of time,” Rumsfeld recalled. “General Franks did a superb job, and his commanders were highly successful.”

The secretary acknowledged that the absence of a northern front directed against Saddam’s forces at the onset of hostilities in March 2003 probably contributed to the

insurgency’s staying power today. Turkish politicians had declined to allow U.S. troops to enter Iraq from Turkey, likely because polling had shown that the vast majority of Turks were against the idea.

“One of the things that didn’t go right was we were not able to get the 4th Infantry Division in from the north through Turkey,” Rumsfeld recalled. As a result, he noted, the Sunni Arabs living north of Baghdad who were Saddam’s strongest supporters “didn’t really ever experience the full power of the United States military.”

Today, Sunnis angered at the passing of the deposed dictator’s regime “are the ones that are fomenting this insurgency that exists in Iraq,” the secretary pointed out. “The fact that we couldn’t get that division in from the north was unfortunate, in my view,” he said.

Baghdad capitulated on April 9, 2003, but today American, coalition and Iraqi forces continue to battle an insurgency made up of disgruntled Sunnis and anti-West Islamic radicals, including al Qaeda-affiliated mercenaries.

The insurgency has proven to be “more intense than had been anticipated,”

Rumsfeld acknowledged, but he noted he was heartened by the fortitude shown by the millions of Iraqis who voted in a democratic election regardless of insurgents’ threats.

After enduring decades of oppression under Saddam, the Iraqis “still had courage,” Rumsfeld observed, as well as “that natural human desire to be free.”

The secretary also revealed that he offered his resignation to President Bush twice over the Abu Ghraib prison abuse situation. “I felt that he ought to make the decision as to whether or not I stayed on,” Rumsfeld said. “And he made that decision and said he did want me to stay on.”

Host Larry King also asked Rumsfeld about his lapel pin. The secretary said it represented DoD’s “America Supports You” program. “It’s a wonderful opportunity for people to go to the Web site and find out all the fabulous things the American people are doing to support our troops,” Rumsfeld noted.

Amputees

Continued from Page 1

Despite his initial resistance, Houston said there was no keeping him down from the moment he received his first prosthetic leg. Within three weeks, he was walking down stairs, and he’s now helping to teach other new amputees here how to quickly adapt to their new appendages.

“When I still had my leg on, I didn’t know how my future looked,” said the 22-year-old military policeman from Fort Hood, Texas. “Now there’s nothing I can’t do.”

Houston said the new prosthesis has given him a new lease on life. He looks forward to returning to his outdoor pursuits and is considering a civilian career in law enforcement. “I’m finally 22 again instead of 80,” he said.

Like Houston, Sgt. Dustin Hill, a National Guard air defense artilleryman from Galva, Ill., loves the outdoors. His dream is to be able to go fishing before next winter — no simple wish, considering he lost his right hand, fingers on his left hand, his right eye, and most of an ear and his nose when a suicide bomber attacked his patrol outside Baghdad last September.

After three months of treatment at the U.S. Army Institute of Surgical Research’s Burn Center here, Hill is now concentrating on the next phase of his recovery at the amputee care center. He just started walking independently, which his mother, Liz Kelm, said gave him “an ear-to-ear grin.” Now he’s looking forward to receiving a myoelectric robotic prosthesis for his right hand and a new artificial eye he’s been promised will match his left one per-

fectly. It’s still unclear if Hill will be able to have another prosthesis attached to his left hand, he said.

Col. Robert Granville, director of amputee services at the amputee care center that opened its doors here Jan. 14, said Leverkusen, Houston and Hill are pretty typical of the patients receiving treatment.

Most were young, active “tactical athletes” when they deployed to Southwest Asia, and they refuse to allow the loss of a limb to keep them down, he said.

Like the Defense Department’s other amputee care center at Washington’s Walter Reed Army Medical Center, the center at BAMC offers an extensive array of patient care for amputee patients. This includes orthopedics, physical medicine and rehabilitation, occupational therapy, physical therapy and advanced prosthetics, all designed to help patients return to full activity, Granville said.

“We use a multidisciplinary approach to treat the person: their physical condition, their emotional and psychological condition and their spiritual condition,” he said. “Everyone involved in these Soldiers’ care is thinking in terms of holistic care.”

Kelm, a licensed practical nurse herself whose son is a recipient of that care, praises the BAMC staff for its outpouring of support for the amputee patients.

“They have the best doctors and nurses, and everyone cares about you here,” she said. “They show a level of compassion here that I just haven’t seen anywhere else.”

But as important as top-notch care is for patients, Granville said the best therapy is the esprit de corps they share as they struggle together to face and overcome

their situations.

“I can empathize with them, but I can’t understand how they feel in the same way that another Soldier going through this can,” Granville said. “In many ways, they can do as much for each other as we can do for them.”

Granville said how well patients recover from their injuries depends largely on themselves. “What the organization does is 10 to 20 percent. The rest comes from the patient’s heart,” he said. “All the technology and gee-whiz stuff is great, but it ultimately comes down to spirit.”

Houston is the first to agree. He said he works at keeping himself motivated so he can continue to push himself forward. Helping to fuel that motivation is the anticipation of his new daughter, due later this month.

“(Recovery) is all about where the patient wants to go,” Houston said. “And I want to be able to be the best dad possible to my daughter. She’s my driving force.”

Leverkuhn said his tendency “to look for the silver lining” in life is helping him immeasurably as he adapts to life with a

prosthetic leg. “The only thing that can hinder me is my mind. A lot of the recovery process has to do with the patient’s will,” he said. “And the way I look at this is, it changed my body, but it didn’t change me as a person.”



Photo by Donna Miles
Sgt. Dustin Hill, a National Guard air defense artilleryman from Galva, Ill., and his mother, Liz Kelm, praise the care he is receiving at the amputee care center at Brooke Army Medical Center.

Transition savvy

Army Career, Alumni Program assists with separation

By Shadi May
Fort Sam Houston News Leader

Army Career and Alumni Program is a Department of Defense-sponsored program which helps active duty members, DoD civilians and family members have a smooth transition from federal service.

Pre-separation counseling, education, legal and medical referrals and workshops are just some of the services offered by ACAP. In addition, the Military Order of the Purple Heart, the Department of Veterans Affairs and the Department of Labor have partnered with ACAP to conduct briefings, seminars and workshops to help service members make informed decisions on whether to reenlist, seek employment or retire. The Army has added its own budget to the DoD pot of money to enhance the program.

“It’s the Army taking care of its own,” said Russ Lane, Fort Sam Houston transition services manager. “This office is the final step in the military life cycle for Soldiers and all those eligible.”

The center offers three-day job search workshops twice a month which offer resume writing skills, job fair information, interviewing techniques and “dress for success” tips.

“The resumes that our DoD civilians used to get their current jobs will not be the same as those used for some civilian companies. We have the most up-to-date information for job seekers and potential retirees,” Lane said.

Fort Sam Houston’s ACAP office works closely with other San Antonio military installations for job fairs, available training and other beneficial topics.

“Our counselors are contractors and by contract, they are required to have master’s degrees in preferably personal management, human resources and counseling,” said Lane. “On this post, the counselors are all prior military members, so they are even more familiar with the process.”

ACAP is located in Bldg. 2263 on Stanley Road and is open Monday through Friday from 7:15 a.m. to 4 p.m. The counselors are available by appointment or walk-in basis. To learn more or to make an appointment, call 221-9255.

Insurance company to refund troops

FORT BENNING, Ga. – The American Amicable Insurance Company sent letters to more than 900 Soldiers Jan. 14 to inform them they may be eligible for a refund.

American Amicable is refunding \$1.3 million to Soldiers who purchased insurance policies while in training at Fort Benning in 2002. The company was placed off-limits after its agents gave sales pitches to Soldiers in the Basic Combat Training Brigade and other training units under the guise of teaching financial planning and sold insurance policies as investment or retirement programs.

The Department of Justice and the Securities and Exchange Commission are investigating American Amicable’s actions. The Department of Justice has subpoenaed the company’s records and is working with the Office of the Staff Judge Advocate. The SEC may have jurisdiction

to prosecute the company for securities violations because agents represented the products as investments, officials said.

At the Armed Forces Disciplinary Control Board’s hearing on American Amicable, the company used Staff Sgt. Daniel Bates as an example of a satisfied customer. When Capt. Julie Heumphreus, SJA, spoke with the 3rd Brigade Soldier, he had a different story.

Bates bought the policy in 1996. He paid \$60 a month and tried to cancel the policy several times without a response from the company. He tried again after American Amicable was placed off-limits, but a company representative tried to convince him to keep it.

“He tried several times to cancel, but they kept giving us the runaround,” said Pamela Bates, his wife. “Through all of this, we’ve learned a lesson. We need to make sure the company is reputable and

what we’re buying is what we want.”

The company eventually refunded Bates \$240 instead of the \$4,000 he paid into the policy. Bates accepted the refund and gave up on getting back the rest of the money.

The SJA and the Georgia Insurance Commission are trying to ensure Soldiers don’t have trouble getting the refunds.

“We’re proud the installation is aggressively trying to protect Soldiers,” said Col. Lyle Cayce, SJA. “We will enforce rules and ensure that companies are respecting Soldiers and not taking advantage of them.”

To get the refund, Soldiers must submit the affidavit from American Amicable within 180 days of being notified. Deployed Soldiers have 180 after processing through the continental United States.

(Editor’s note: Annette Fournier writes for The Bayonet newspaper at Fort Benning.)

CAREER CLIPS

The Army Career and Alumni Program office provides numerous services to eligible people in transition including job assistance. Information on these and other positions is available to ACAP customers in the ACAP Office, Bldg. 2264, or call 221-1213.

Manager quality/clinical operations, San Antonio. Responsible for oversight of the Disease Management Quality Program, Specialty Quality Program, Accordant/Theracom Quality Program. Includes directing development and implementation of quality improvement programs. Ensures collaboration of various business units in a cross-functional manner.

Project manager/lead infrastructure, San Antonio. Assist with migration to Windows XP as well as implementing MS Office Suite. Qualified candidates must have experience with large-scale XP migrations and managed at least five individual resources. MS Office suite experience is a must.

Manager, curriculum design, San Antonio. Responsible for the management of curriculum design and collaborative program development; create instructor and student materials. Review, evaluate and modify existing curriculum to meet business needs. Lead cross-functional teams to effectively identify and address training requirements.

DO YOU KNOW WHAT IS ON YOUR CREDIT REPORT?

Would you like to get a credit report and have it reviewed by a credit specialist?

For more information on how you can do this, call the Financial Readiness Branch of Army Community Service at 221-1612.



D Company, 187th Med. Bn. student computer center opens

Story and photos by Esther Garcia
FSH Public Affairs Office

A student computer center for D Company, 187th Medical Battalion opened Jan. 31 in Bldg. 1002. The center features more than \$10,000 in equipment.

“This is part of a process that the leadership of Delta Company continues to move forward to try and make a better environment for Soldiers,” said Lt. Col. John Collins, 187th Medical Battalion commander, who cut the ceremonial ribbon. “Congratulations to the D Company team for taking the time and effort to make things better for your Soldiers.”

“It is a great asset to the company,” said Pfc. Daniel Wratte, a dental specialist. “Lots of students are taking anatomy, and a CD comes with the anatomy book. Now they will be able to study and that will help them get better grades. I am a college student, so I can go on my college Web site and keep track of what is going on there. I also have a cousin stationed in Iraq and I can keep in touch with him using the computer.”

“You can watch DVDs, access e-mail, find



Spc. John Howard and Pfc. Daniel Wratte try out the new computers recently installed in Bldg. 1002, for D Company, 187th Medical Battalion.

directions ... you can find your W2 and pay account,” said Spc. John Howard, a respiratory specialist. “We also have a printer, so you print out your W2, your LES (leave and earning statement) or anything you need. It is real easy and super fast. Before we couldn’t print, and with one computer it took forever to get on it, or you had to walk all the way to the post library if you didn’t have a car.”

D Company is responsible for Soldiers attending 14 military occupational specialties and nine additional skill identifier courses at the Army Medical Department Center and School.

“This was the company executive officer’s first student quality of life improvement project and began in September 2004,” said Capt. Donald Carden, D Company commander. “The computer center will enable students to access e-mail accounts, educational Web sites and produce individual project presentations required by some additional skills courses. This will greatly aid present and future company students.”

The computers will be accessible 16 hours on the weekends, 10 hours on the weekdays, and the command will add two more new computers in the CQ area for 24-hour access.



Lt. Col. John Collins, 187th Medical Battalion commander, and 1st Lt. Jessie Nail officially open the student computer center for D Company, 187th Medical Battalion.



Better Opportunities for Single Soldiers
presents
**70's Throwback
Valentines Day Bash**

**11 FEBRUARY @ 7:00 PM
ROADRUNNER REC CTR
FREE ADMISSION**

Guest Appearances By:
Nathanael Sherrod, Apollo Winner
Walter Campbell, BET Comicview

Events: Best Dress
70's Attire
Door Prizes
Dance Contest

For more information please contact:
SFC Roland Wilson @ 221-6682 or SSG Micaela Reyes @ 221-8947

Valentine's Day sale



Better Opportunities for Single Soldiers, or BOSS, is sponsoring a Valentine's Day sale. Available items are a "Happy Valentine's Day Friend" pillow for \$6, a rose and carnation with vase and candy for \$10, and a rose and carnation with vase, candy and a teddy bear for \$12 or two for \$20. Orders will be taken until Saturday and delivery date is Monday. The items can be delivered anywhere on post, including Brooke Army Medical Center. To order, call Sgt. 1st Class Roland Wilson at 221-6682 or Micaela Reyes at 221-8947.

Akeroyd Blood Center urges donors to give “5 in ‘05”

The Akeroyd Blood Center challenges eligible blood donors to give five donations during 2005 during its “5 in ‘05” campaign.

Participating donors will receive a “5 in ‘05” card and be recognized at a special ceremony at the end of the year.

The program is a way to get the message out that donations are needed on an ongoing basis to support the Army blood program, which includes Soldiers deployed overseas.

“The deployments of Fort Sam Houston Soldiers have made collecting enough blood tough,” said Capt. Marti Blose, the donor center’s officer in charge. “Hopefully, this campaign will motivate eligible donors to step up to the plate during this time when so many Soldiers are unable to donate.”

Donations support contingency operations, such as in Iraq and Afghanistan, and are also used at Brooke Army Medical Center for Soldiers and their families.

Soldiers who were deployed to Iraq or Afghanistan must wait for one year after their return before they donate blood. Other common deferrals are for those who lived in Europe for more than six months between 1980 and 1996, have had a tattoo or piercing in the last year, or were north of Seoul, Korea, in the last two years.

“It is important that the commanders and supervisors help identify those people that are eligible to give blood and encourage them to return to our center,” Blose said. “The cards and other marketing materials will keep the chain of command reminded of the importance of blood donation.

“It is a great way to recognize those who take a little bit of their time to make a big impact on Soldiers serving in Iraq or Afghanistan,” she added.

For more information on the “5 in 05” program, call the Akeroyd Blood Center at 295-4655 or 295-4989 or stop by the center at 1240 Harney Road between 7:30 a.m. and 3 p.m. weekdays.

(Source: Akeroyd Blood Center)

Pet vaccinations

The Fort Sam Houston Veterinary Treatment Facility offers a weekend pet vaccination clinic to people with a military ID card Feb. 26 from 8 a.m. to noon by appointment only. For more information, call 295-4260.



Health Promotion February Class Schedule

CLASS	DATE	TIME
Self Care and Health	Today	9 to 11 a.m.
Breastfeeding Support Group	Friday	1 to 2:30 p. m.
Cholesterol	Monday	9 to 11:30 a.m.
Diabetes Education	Monday	12:45 to 4:30 p.m.
Diabetes Foot Care	Monday	1 to 2:30 p.m.
Arthritis	Tuesday	9:30 to 11 a.m.
Colonoscopy	Tuesday	10:30 to 11:30 a.m.
Diabetes Education	Tuesday	12:45 to 4:30 p.m.
High Blood Pressure	Wednesday	9 to 12 a.m.
Office Yoga	Wednesday	12 to 1 p.m.
AD Self Care	17	8 to 10 a.m.
Breast Health	22	9 to 10 a.m.
Colonoscopy	22	10:30 to 11:30 a.m.
Diabetes Education	22	12:45 to 4:30 p.m.
Breast and GYN Cancer Support Group	22	5:30 to 7 p.m.
Office Yoga	23	12 to 1 p.m.
Breastfeeding Support Group	25	1 to 2:30 p.m.
Diabetes Education	28	12:45 to 4:30 p.m.
Diabetes Foot Care	28	1 to 2:30 p.m.

To register for classes or more information, call Health Promotion at 916-3352.

DoD seeks people with language skills, regional expertise

By Donna Miles
American Forces Press Service

WASHINGTON, D.C. — If you speak a foreign language or have the desire and aptitude to learn one, Uncle Sam wants you.

The Defense Department is on the lookout for people with language skills to support not only current operations, but future ones as well, according to Gail McGinn, deputy undersecretary of defense for plans.

And just as important as language skills, she said, is an understanding of other countries’ geographies, cultures and people.

The military has the greatest language and cultural expertise in four primary languages: German, French, Spanish and Russian, McGinn said during an interview with the Pentagon Channel. But when the terrorist attacks of Sept. 11, 2001, thrust the United States into the war on terror, the department simply didn’t have enough linguists fluent in Arabic or in Dari and Pashtu, the languages of Afghanistan, she said.

Similarly, she said, DoD has come up short on linguists for other areas of the world that have attracted increased U.S. interest during the war on terror.

McGinn said the revelation has been described as a “Sputnik moment.” When the Soviets launched Sputnik, the first satellite, in 1957, the United States quickly began promoting math, science and language in its schools so it could play catch-up.

Similarly, after 9/11, the United States recognized its language deficiencies for certain parts of the world. “The global war on terror ... made us realize that we need these capabilities, and we need

people to have these skills,” she said.

Language and cultural skills help service members interact with the local people, McGinn said. Civil affairs specialists and interpreters deployed throughout Iraq are demonstrating the value of those skills daily as they interact with local citizens and their leaders.

But if more service members had language skills, the operational payoff could be tremendous, she pointed out. For example, when coalition troops were headed north toward Baghdad at the beginning of Operation Iraqi Freedom, what if the local people had information they wanted to share? And what if the U.S. troops wanted to warn them about something, or to diffuse a situation?

“I think you can see, just from that set of activities, how important it is to have the ability to communicate in the language of the country that you’re in,” McGinn said.

To help boost language skills within the military, McGinn said, DoD has launched or plans to introduce several new initiatives:

- Increased the Defense Language Institute’s budget by more than \$50 million to go toward curriculum development and improved foreign language testing, to develop more “crash courses” for developing troops, and to begin training students to higher levels of proficiency.
- Received legislative authority to increase foreign language proficiency pay for military linguists from the current high of \$300 a month to a top rate of \$1,000.
- Pays stipends to college students involved in regional studies and language studies who agree to seek jobs within the U.S. national security establishment, through the National Security Education Program.
- Established the National Flagship Language Initiative, in which colleges and universities offer advanced language training in Arabic, Korean, Chinese and Russian to students who agree to work for the national security establishment.
- Initiated a pilot program within the Army encouraging Iraqi Americans to join the Individual Ready Reserve, providing a pool of Arabic linguists, ready when needed. Of more than 200 people recruited through the program, 44 have deployed to Iraq and Afghanistan and another 19 are awaiting deployment.
- Will survey members of the current force, both military and civilian, to determine who has language skills that could prove useful in current or future operations.
- Issued a white paper encouraging the United States to promote the emphasis placed on language skills nationwide.
- Promoted the development of technology with language and translation software.
- Is considering establishing a database in which American citizens can register their language skills or sign up for a civilian linguist reserve corps that could contribute to national language requirements as needed.

McGinn said these and other initiatives under consideration will help the United States better position itself for future military operations, wherever in the world they occur. “We’re working on a lot of those initiatives to try to ... anticipate the unanticipated,” she said.

She sees the new initiatives as solid first steps in changing the importance DoD places on foreign language skills.



2005 Brown Bag Series Calendar

- | | |
|-----------------------|---|
| March 2
11:30 a.m. | Arcy Longoria
President, FSH FEW Chapter
Topic: Federally Employed Women Organization |
| April 6
11:30 a.m. | Angela Swain
Family Advocacy Victim Advocate
Topic: Creative Anger Management Styles |
| May 4
11:30 a.m. | Rudy Garza
CPAC Personnelist
Topic: National Security Personnel System |
- Sessions are at the San Antonio Credit Union Training Room. For more information, call 221-9401 or 221-9356 or e-mail Maria.preda@sam-houston.army.mil. If reasonable accommodation is needed, call 221-9401 in advance.

It’s Not Easy Being Green Conference 2005

A Celebration of Military Life

Feb. 25 and 26
Dodd Field Chapel
Fort Sam Houston



The purpose of this conference is to uplift, enlighten, motivate and strengthen our lives in the military as men, women, husbands, wives, fathers, mothers and invaluable contributors to the community.

Don’t miss this opportunity to recharge your battery for all the hats that we wear in the military community. It’s all about you. You deserve to attend.

Free childcare available on a first-come, first-served basis. Register today.

Registration forms are available at ACS, FSH Library, NCO Club, BAMC Medical Mall information desk, OCSC February Luncheon, Jimmy Brought Fitness Center and CYS Central Registration. Registration due by Friday. For more information, call Judith Markelz at 655-0238 or Kim Taylor at 566-6526.

Our sponsors:

BAMC Auxiliary, First Command, AUSA, SACU, OCSC, Jordan Ford, Bank of America, Eisenhower Bank, MWR

Army Community Service Family Advocacy Program Class Schedule February 2005		
Class Title	Dates	Class Time
Basics of breastfeeding	Wednesday	10 to 11:30 a.m.
Boys only		
Ages 9-10	23	3 to 4 p.m.
Building effective anger	today and 17	11 a.m. to 12:30 p.m.
Management skills series (4-6)		
Saturday class (two-part)	Saturday and 26	9 a.m. to 12 p.m.
Commanders training	24	8 to 9:30 a.m.
Divorce care	today, 17 and 24	11:30 a.m. to 12:45 p.m.
Getting ready for		
childbirth 1 and 2	17 and 24	9 a.m. to 12 p.m.
Girl talk		
Ages 9-10	Wednesday	3 to 4 p.m.
Healthy pregnancy	Monday	12 to 3 p.m.
Helping us grow securely	Tuesday and 22	9 to 11 a.m.
(H.U.G.S.) playgroup		
P.A.I.R.S couples communication		Saturday and 26
1 to 4 p.m.		
Strengthening your family	Tuesday and 22	1 to 2:30 p.m.
S.T.E.P. program for parents	Wednesday	9 to 11:30 a.m.
of school age children		
Stress management I and II	today	1 to 3 p.m.
Teen talk	today, 17 and 24	4 to 5 p.m.
You and your baby	23	8 a.m. to 12 p.m.
To sign up for classes or for more information, call ACS Family Advocacy Program at 221-0349 or 221-2418.		

New Commander’s Safety Course available online

The Safety Center’s Learning Management System is now up and running. The first course offered through the new system is the Commander’s Safety Course. To access the course, go to <https://safetylms.army.mil> and follow instructions for enrollment using your Army Knowledge Online user name and password. Following a short registration page (required for initial entry only), you will be required to log in a second time and your information will be stored in the system. The new Commander’s Safety Course is the first of many new courses. The Additional Duty Safety Course will be posted next and followed shortly thereafter by multiple commercial off-the-shelf workplace safety courses. As this is a new system and subject to technical errors, you are encouraged to report any problems to the Safety Center Help Desk at: <https://safety.army.mil/pages/help/index.html>

For more information, call Don Wright at (334) 255-1389, DSN 558-1389 or Brenda Miller at (334) 255-1373.

America Supports You: Company offers voice messaging

By Sgt. 1st Class Doug Sample
American Forces Press Service

WASHINGTON, D.C. — Though letters, text e-mail and telephone calls are the most popular ways for deployed service members and their families to communicate, a telecommunications company in Cleveland is offering yet another option.

OnlyOne, which provides voice communication and messaging services to individuals and businesses, is using its technologies to bring service members and their families together through a voice messaging service it calls “TroopTalk.”

The company is providing the service through the Armed Services YMCA.

Judi Bonadio, executive vice president for the company, said the idea behind the TroopTalk is to provide service members and their spouses and families a way to communicate “anytime, anywhere,” just by picking up a telephone.

Each service member is assigned a TroopTalk account with an associated 10-digit telephone number. The spouse or family member dials the number and leaves a voice message. TroopTalk then converts the messages to an attachable voice file, and sends the voice attachment to the service member’s e-mail. The attachment and the voice message are then played through the computer.

There is no limit to the number of messages a service member can receive, and callers will never hear a busy signal, she said.

Bonadio noted an example of how TroopTalk helped benefit those at home.

During a Christmas party, the discussion came up about a service member who was deployed, she said. “Someone remembered that this service member had a TroopTalk number. The party attendees called the TroopTalk number and took turns sending voice messages of love, merriment, encouragement and even a few jokes,” she said.

Bonadio said although TroopTalk won’t replace the “ultimate” experience of speaking to family members over the phone, the service will help those service members who, due to mission requirements, may miss hearing messages from home because they do not have access to a telephone.

“Quite frankly, if a service member can get to talk to their family live, that’s the ultimate,” she

said. “But what we do is bridge the gap, so that those that are left at home ... can pick up a phone at any time and voice their love and concern.

Another unique feature of the service is that the service member’s TroopTalk number is accessible by as many family members and friends as care to send voice and fax messages, she said.

There is a cost for the service, which ranges from \$118 per service member for a six-month subscription to \$220 for 12 months, but Bonadio said she is hopeful she can get companies to sign up to defray the cost by sponsoring a service member or a unit.

“The cost is only \$16.95 a month for an individual subscription; however, we see our corporate donors presenting gifts of six-month subscriptions for \$118 and 12-month subscriptions for \$220 that are earmarked for units,” she explained.

Already, several companies have promised to support TroopTalk with donations for subscriptions, she said. And the Armed Services YMCA is helping to match companies with service members and units deploying overseas, she added.

Point Blank Body Armor, which makes protective vests worn by the U.S. military, and Interactive Intelligence, which provides business communications for small-to-medium-sized businesses, each have become sponsors.

Meanwhile, she said, the World Wrestling Entertainment Group has loaned the voices of several of its stars to entice callers to leave messages for TroopTalk subscribers.

Bonadio is asking that more companies come forward. Only about 100 families are currently being sponsored in the program, she said. “We would like to find more donors that could come in ... It’s bringing such joy to the people we are starting to set up for this service,” she explained.

The focus of her company’s effort, Bonadio said, is solely to help the troops and their families. She said it’s important that the troops not be forgotten.

“I saw such a flurry of activity to support our troops over the holidays, now I want to make sure our troops are not forgotten. Yes, the holiday is over, but our service members are still away from home. It’s important for us to remember them every day.”

Family reaches out to thank injured Soldiers

Story and photo by Mike Dulevitz
Brooke Army Medical Center Public Affairs

What are the ingredients found in a Texas family’s recipe for saying “thank you” to the Soldiers at Brooke Army Medical Center who served in the Global War on Terrorism and were injured while in harm’s way? Great food, drinks, fun and genuine hospitality comprise the “fixins.”

Hugh and Molly Long invited Soldiers assigned to the BAMC Medical Holding Company to their ranch, just south of San Antonio, for a little Texas hospitality.

“They opened their hearts and their home to the men and women who have given so much to defend our way of life and the freedom we are so fortunate to enjoy,” said Maj. Ron Napier, who went on the excursion.

The Longs invited about 60 Soldiers and their family members for a bar-beque. Soldiers were treated to fishing, horseback riding, camaraderie, food, drink and a “little piece of heaven here on earth” called the Lonesome Dove.

Hugh Long and his brothers know well the pain and suffering of war. They

all served in the U.S. Army. Hugh not only served, but was also a prisoner of war. He and his brothers were all in Vietnam at one time, and under the “sole surviving son provision,” were told that one of them could go home.

“We all thought about it, could not decide who was going to go home and who was going to stay, so we all stayed,” Long said.

In recounting his story and reasons for opening his home to wounded Soldiers, Long said, “We can laugh and joke with each other one day and defend it the next.”

Long said he appreciates what the Soldiers have done because he has been there.

“We are going to do this every month until the end of the war,” Long said.

The family also plans a “Christmas-in-July” event.

BAMC Command Sgt. Maj. James Clifford took the opportunity to thank the Longs and their friends at the outing. Clifford presented Long, his wife, and their assistant, Monica Harris, with commander’s coins as a small token of appreciation for their generosity to Soldiers.




(From left) Brooke Army Medical Center Command Sgt. Maj. James Clifford presents BAMC commemorative coins to Monica Harris, Hugh Long and Molly Long in appreciation for their support of wounded Soldiers being treated at BAMC.

Combat readiness




Photo by Spc. Roman Kobyshovsky

Drill Sgt. Jaime Melendez and Staff Sgt. Colin Rader, 232nd Medical Battalion, practice combative techniques in the 32nd Medical Brigade gymnasium. Several 232nd Med. Bn. cadre members are learning hand-to-hand fighting techniques, or combatives, during a vigorous two-week training. The fighting techniques are based on Japanese-style Jujitsu, which is a popular form taught in self-defense classes. NCOs and officers are learning a variety of throws, joint locks, weapons techniques and methods of responding to a face-to-face attack. These leaders will train others to assist with instruction, and will integrate combatives into the current physical fitness program. Providing this training to the Soldier medics will help prepare them for combat, which many of them face shortly after graduation.



Do YOU want to become a Warrant Officer?



A Warrant Officer Recruiting Team from Headquarters, U.S. Army Recruiting Command, Fort Knox, Ky. will brief on qualifications and application procedures to applicants interested in becoming U.S. Army Warrant Officers.

Fort Sam Houston, TX
Local Point of Contact:
Master Sgt. K. Leon
Phone: 221-2800
DSN: 471-2800
kermyleon@samhouston.army.mil

DATE AND TIME
Feb. 24 – 9:30 a.m. and 1:30 p.m.

LOCATION:
Roadrunner Community Center
Bldg. 2797 Stanley Road
Fort Sam Houston

Warrant Officer POC
CW3 Carlos Negron
Phone: (502) 626-8458
DSN: 536-8271
carlos.negron@usarec.army.mil

EXPLORE
YOUR FUTURE

For more information, go to www.usarec.army.mil/warrant

MWR

Recreation and fitness

“Buns on the Run” fun run

The free 5K fun run/walk is Feb. 26 at 10 a.m. Participants receive a free T-shirt. This event is in conjunction with the Lighten Up! Tighten Up! promotion.

Archer lessons

Individual and group archery lessons are available through the Outdoor Equipment Center. Instruction is given at your level of experience, from novice to expert. Children are welcome, but must be accompanied by an adult if under the age of 18. Participants should wear full shoes and not wear oversized shirts or pants. For more information, call the Archery Shop at 221-5225.

Free Salsa and Merengue classes

Free dance classes are available at the Jimmy Brought Fitness Center Mondays and Thursdays from 6:30 to 7:30 p.m.

Library highlights

The library now features African American History Month items on display, including history books, novels by African American authors, videos and pictures.

Tax time help

The library offers federal tax forms and instruction booklets. They can provide the main forms plus other frequently used forms.

Morning step aerobics

Free morning step aerobics are at the Jimmy Brought Fitness Center Mondays and Wednesdays at 6 a.m.

Trail rides

The Equestrian Center offers one-hour trail rides Saturdays and Sundays year round. People ages 7 and up are welcome; however, adults must accompany children. Cost is \$20 per person. Riding times are 8:30 to 9:30 a.m., 10 to 11 a.m., 12:30 to 1:30 p.m. and 2 to 3 p.m. Reservations are required and may be made by visiting the Equestrian Center at Bldg. 3550, Hawkins Road, off Binz-Engleman, or by calling 224-7207. The center is open weekdays from 7 a.m. to 6 p.m. and Saturdays and Sundays from 7 a.m. to 5 p.m.

Red Cross lifeguard class

The Jimmy Brought Fitness Center will sponsor a Red Cross lifeguard class Saturday and Sunday from 9 a.m. to 5 p.m. Participants must be at least 15 years old and have a Department of Defense ID card. Cost is \$165 and includes course materials and Automated External Defibrillation training. For more information or to register, call the pool staff at 295-8861.

Cycling classes

The Jimmy Brought Fitness Center offers free cycling classes. Get your heart pumping with fast paced rides set to music. Classes are Tuesdays and Thursdays from 6 to 6:45 a.m. and 11:45 a.m. to 12:30

p.m.; Wednesdays from 4:45 to 5:30 p.m.: and Saturdays from 9 to 9:45 a.m.

Weekly aerobics classes

A variety of aerobics classes are available weekly at the Jimmy Brought Fitness Center including step aerobics, water aerobics and kickboxing. A full class schedule is available online at www.portsamhoustonmwr.com or at the fitness center. Cost is \$2 per class or a 16-class pass can be purchased for \$24. For more information, call Lucian Kimble at 221-2020.

Jump rope aerobics

Join the 15-minute jump rope aerobics class featuring basic jumps. Bring your own rope to the Jimmy Brought Fitness Center Mondays, Wednesdays and Fridays at 5:30 p.m. for this free class. For more information, call 221-1234.

60 Days of Fitness

The program is a motivating fitness and weight loss program to help people safely lose 15 pounds in 60 days using a point system. This self-paced program requires people to work out 45 out of 60 days and includes a seven-page fitness assessment, body fat analysis and body measurements. People will also attend two 30-minute weight loss classes. Cost for the program is \$40, which includes a T-shirt. For more information, call Lucian Kimble at 221-2020.

Riding lessons

Weekday riding lessons are available at the Equestrian Center. Lessons slots are Mondays, Tuesdays and Wednesdays from 10:30 a.m. to 4:30 p.m. for Western, English and Jumping. For more information, call 224-7207.

Equipment rentals

The Outdoor Equipment Center (Bldg. 1111, Forage Road) offers a wide variety of recreational equipment for rent including fishing boats, travel trailers, camping equipment, large barbecue and smoker pits, canopies, tables, chairs, play bouncers and dunking booths for unit gatherings or birthday parties. Utility trailers, both open and covered, are also available. For more information, call 221-5224.

Dining and entertainment

Golf Club

Golf Lessons

Private customized and personalized instructions are offered at the Golf Club.

Ladies Clinic

Classes are offered for beginners every Tuesday until Feb. 22.

Sweetheart Special

Give your sweetheart a golf lesson with a 10 percent discount or buy a partner package with a 20 percent discount. For more information, call 222-9386.

Spring sale

The Golf Club is slashing prices during their spring sale. Stop by to get from 10 to 20 percent off items.

Junior Camp 2005

The Golf Club’s Junior Camp is March 15 and 17 from 9 to 11 a.m. Cost is \$50.

Class includes instruction on putting, chipping, etiquette, safety, irons, drivers and fairway woods. For more information, call 222-9386.

Demo Day

The Golf Club hosts a Demo Day Saturday. Representatives from Wilson, Spaulding/Hogan, and Precept will be in attendance. Discounts will be available on orders placed that day.

Daily tee times

Starting March 1, Golf Club daily tee times will start at 7 a.m., shotgun starts move to 7:30 a.m.

Sam Houston Club

Sunday brunch

The Sunday brunch is Feb. 20 from 10:30 a.m. to 1:30 p.m. Cost is \$11.95 for members, \$13.95 for non-members, \$6.95 for children 7 to 11 years old and free for children 6 and under. Adult meals include a complimentary glass of wine.

Comedy night

Comedy night is March 4; doors open at 7:30 p.m. Showtime is 9 p.m. Advance tickets are \$12 and \$15 at the door. Price includes a complimentary meal from 7:30 to 9 p.m.

Play bingo

Come play bingo Thursdays and Fridays (6:50 p.m. – early bird start). Doors open at 5 p.m. Saturday (12:50 p.m. – early bird start). Children 10 and up may also play when accompanied by an adult; \$10,000 is ready to be given away. Free buffet for bingo players.

Super TGIF

Super TGIF is Feb. 18; the bar opens at 4:30 p.m. Open buffet for everyone and no cover charge for members; non-members pay \$3.

Sams Sports Bar

SoundTraxx DJ Greg Norton provides entertainment Friday and Feb. 25.

Light lunch

The Sam Houston Club serves assorted sandwiches, soups and salads along with the “All You Can Eat” buffet Monday through Friday from 11 a.m. to 1 p.m. Lunch includes beverage, salad bar, soup and dessert. For more information, call 221-2721.

Bowling Center

Bowling lessons

Lessons are Tuesdays and are free to league bowlers (\$25 for non-league bowlers).

Family bowling

Family bowling day is Sundays; adults and youth 12 and up pay \$1.75 per game (children under 12 bowl free). Shoe rental is \$1. The special excludes birthday parties and cannot be combined with other special offers.

Soldier appreciation

Soldier appreciation day is Saturdays from 11 a.m. to 8 p.m. Free shoe rental and medium soda with purchase of game.

Cyber Bowl

Cyber Bowl is Saturdays from 8 to 10 p.m. Cost is \$10 per person 12 and up, \$5 per person under 12.

Harlequin Dinner Theatre

“Ten Little Indians,” a mystery by Agatha Christie, will be performed through Feb. 19. Call the box office at 222-9694 for show times and tickets.

MWR Ticket Office

The ticket office has Disney and Universal Studios tickets. The 2005 Season Passes for Sea World and Fiesta Texas are now available. Disney Line has special rates for military that start at \$349. Disney on Ice presents “Finding Nemo;” tickets are available for March 24 to 27. Tickets are only \$12 for March 25 and 27. There are also tickets for the San Antonio Stock Show and Rodeo; tickets are \$35. Carnival tickets for the Rodeo are also available. Fiesta tickets are available for April 22 to 23; tickets are \$8. Tickets are on sale for the Ebony Fashion Fair; cost is \$35. Proceeds benefit the Big Brother and Sister Organization. The ticket office is open Monday through Friday from 10 a.m. to 5 p.m. For more information, call 226-1663.

Lighten Up! Tighten Up! program helps shed extra pounds

MWR patrons still trying to shed extra holiday pounds can find help at their local club, snack bar and installation sports and fitness center.

This winter, participating food and beverage activities will offer special menus featuring healthy dining options as part of a “Lighten Up! Tighten Up!” promotion.

Diners will receive a frequent “healthy” diner card that will be stamped when they purchase one of the healthy meals. Cards can be redeemed after 10 healthy meals for a fitness prize, to include pedometers, talking jump ropes, fitness and walking journals, and body fat analyzers.

In addition to prizes, the cards will be entered into a grand prize drawing for a seven-day spa resort vacation package from www.GovArm.com, a BowFlex by Nautilus home gym, or one of two gas grills provided by Gardenburger.

Complementing the “healthy” menus, will be a series of activities offered by the local sports and fitness teams. Enter to participate in the “Buns on the Run” 5K run Feb. 26 at the Jimmy Brought Fitness Center, another event tied in with the Lighten Up! promotion.

Lighten Up! Tighten Up! will run until the end of March, while prizes last. At Fort Sam Houston, you can find Lighten Up Healthy Lunch Menus at the Sam Houston Club, Mulligan’s Snack Bar at the Golf Club and at the Bowling Center.

(Source: MWR)

Motorcycle safety saves lives; prevents legal action

Nine Soldiers have lost their lives in motorcycle accidents during the first two months of fiscal 2005; 22 lives were lost in fiscal 2004.

Successful completion of prescribed motorcycle safety training is mandatory for all Soldiers operating motorcycles, regardless of whether the motorcycle is registered on post. Soldiers must be in possession of an MSF card when they ride to verify completion of training.

Soldiers continue to falsely believe they are not required to wear a helmet or other personal protective equipment and clothing if the state in which they operate their bike does not require it. Furthermore, Soldiers are often observed wearing required equipment and clothing while riding on post, then removing it after they drive off post. Regulatory requirements apply to all active duty Soldiers operating motorcycles on or off post, on or off duty, regardless of permanent or transitory status and regardless of local or state laws. They also apply to Army National Guard and reserve component Soldiers when in a duty status.

Required protective equipment and clothing are Department of Transportation-certified helmet, impact or

shatter resistant goggles or full face shield properly attached to the helmet, sturdy over-the-ankle footwear, long sleeved shirt or jacket, long trousers, full-fingered gloves or mittens designed for use on motorcycle, brightly colored outer upper garment during the day and a retro-reflective upper garment during the night. Outer upper garment shall be clearly visible and not covered by backpacks or other obstructions. Soldiers who wear a reflective belt should wear it diagonally across the torso to ensure maximum visibility.

Operators must ensure their passengers also comply with protective equipment and clothing and visible garment requirements. Rearview mirrors

must be mounted on handle bar or fairing, and the headlight must be turned on.

Soldiers who operate a privately owned vehicle, including a motorcycle, in conjunction with leave or pass, are required to complete the ASMIS-1 POV module available at <https://safety.army.mil/home.html>. This automated tool helps Soldiers plan trips prior to departure. It identifies potential hazards, proposes controls or alternate courses of action to mitigate the hazards, and establishes a level of risk for the planned event. Results of the assessment are forwarded to the supervisor for review to facilitate dialogue between the Soldier and first-line supervisor.

Commanders have a number of viable options at their disposal to correct undesirable behaviors when encountering poor or high risk drivers within their unit. Corrective measures include adverse administrative actions such as chapter discharge actions and line of duty-no determinations, article 15s and courts-martial.

For more information about motorcycle safety and training, call Wayne Blanco-Cerda at 221-3836.

(Source: Fort Sam Houston Safety Office)



Why wear seatbelts?

- Newer seatbelt design allows total freedom of motion while driving.
- People who are thrown from cars are 25 times more likely to be killed than if they had been held securely in their seats.
- The majority of all car accidents occur within 25 miles of home.
- Eighty percent of all serious injuries and fatalities occur in cars going 40 mph or slower.
- Seatbelts are 57 percent effective in preventing traumatic and fatal brain injuries.
- According to the National Highway and Traffic Safety Administration, over the last 10 years, safety belts have prevented some 55,600 deaths, 1,300,000 injuries and saved more than \$105 billion in costs.

(Source: Fort Sam Houston Safety Office)



SPORTS

USO distributes Super Bowl memorabilia



Photos by Esther Garcia

(Above) Ray Holmes, United Service Organizations director, visits with Soldiers at the Soldier and Family Assistance Center located in the Powless Guest House. Holmes presented official Super Bowl XXXIX caps, T-shirts and programs on behalf of the National Football League to Soldiers at the center Friday, just in time for the Super Bowl game.

(Right) Staff Sgt. Jason Hall, Soldier and Family Assistance Center NCO in charge, unpacks the Super Bowl XXXIX caps and T-shirts donated by the NFL.



Ways to work physical fitness into daily life

Most of us have sedentary jobs. Work takes up a significant part of the day. What can you do to increase your physical activity during the work day?

- Brainstorm project ideas with a co-worker while taking a walk.
- Stand while talking on the telephone.
- Walk down the hall to speak with someone rather than using the telephone.
- Take the stairs instead of the elevator, or get off a few floors early and take the stairs the rest of the way.
- Walk while waiting for the plane at the airport.
- Stay at hotels with fitness centers or swimming pools and use them while on business trips.

- Take along a jump rope in your suitcase when you travel. Jump and do calisthenics in your hotel room.
- Participate in or start a recreation league at your company.
- Form a sports team to raise money for charity events.
- Visit a gym near your job. Work out before or after work to avoid rush hour traffic, or drop by for a noon workout.
- Schedule exercise time on your business calendar and treat it as any other important appointment.
- Get off the bus a few blocks early and walk the rest of the way to work or home.
- Walk around your building for a break during the work day or during lunch.

(Source: American Heart Association)

SPORTS BRIEFS . . .

Walk, run for a good cause

“Scamper thru the Park,” a 5K fun run and walk, will be Feb. 19 at 9 a.m. at McAllister Park. Proceeds benefit St. Jude Children’s Research Hospital. Entry fee is \$20; make checks payable to the hospital. People can register at Women’s Super Fitness, 2267 NW Military, 342-8880, or Roger Soler’s Sports, Broadway or Jackson-Keller location. For more information, call 366-3701.

Senior slow pitch softball

San Antonio Seniors Softball League seeks players for 60+, 65+ and 70+ men’s senior slow pitch softball. The league’s 17th season begins in March. Open practices, weather permitting, are Mondays, Wednesdays and Fridays at 10 a.m. at Rusty Lyons Field, at Basse and McCullough. All skill levels are welcome. For more information, call Dale Carver at 826-1460 or Bill Altman at 651-5507.

Intramural racquetball

The intramural racquetball coaches meeting is Wednesday at 1 p.m. at the Jimmy Brought Fitness Center. The season starts Feb. 21. For more information, call Earl Young at 221-1180 or e-mail earl.young@samhouston.army.mil.

Intramural flag football

The intramural flag football coaches meeting is Wednesday at 1 p.m. at the Jimmy Brought Fitness Center. The season starts Feb. 21. For more information, call Earl Young at 221-1180 or e-mail earl.young@samhouston.army.mil.

Flag football league

A local flag football league needs participants. The league has four or eight-man teams. The entry fee is half-price for military teams from Fort Sam Houston, Lackland Air Force Base and Randolph AFB. For more information, call 737-3131.

Basketball camp

The Ten Star All Star Summer Basketball Camp is accepting applications from 10 to 19-year-olds. Past participants include Michael Jordan, Tim Duncan and Vince Carter. College basketball scholarships are possible for players accepted to the All-American Team. For more information and camp locations, call (704) 373-0873.

Lacrosse players

The San Antonio Men’s Lacrosse Team is looking for experienced lacrosse players to fill all positions. The dues are \$175 for the year. For more information, call Ryan Meegan at 387-9983.

End of an era

Club closure stirs memories

Story and photos by Shadi May
Fort Sam Houston News Leader

After 70 years of promotion parties, weddings, birthdays and special events, Fort Sam Houston Officers' Club closed its doors for the final time Jan. 1.

"The military has changed, and more and more potential club guests are going to the outside for dining and entertainment," said Barbara George, Morale Welfare and Recreation chief of business operations division. "The clubs are supposed to be profit-generating. We help fund many activities for Soldiers and their families. The officers' club has lost approximately \$300,000 over the past three years. It's an Army-wide policy to either break even or make money, and every effort was made to bring the officers' club to a profitable situation. We received enormous support from Command levels; however, we were unsuccessful in turning the club around."

The closing of the officers' club meant to many of its loyal customers and employees the end of an era of tradition, friendship and lasting memories.

The club has accommodated celebrities and dignitaries from Dwight D. and Mamie Eisenhower and 1930s' actor Robert Young to Secretary of Defense Donald Rumsfeld.

It has also been a place of poignant memories for some of its customers such as Margaret Miller, a long time loyal officers' club member who first came to Fort Sam Houston when she was 2 weeks old.

"A bunch of officers from the hospital went hunting in Victoria, and my grandfather was one of them," said Miller. "My mother was pregnant with me and was staying with my grandparents who were stationed here. I decided to show early, so my grandfather had to come back to sign my birth certificate."

At the time Miller, 84, was born, the club wasn't even built.

"My most vivid memory I have was when I came here for my first dance," said Miller. "I went with a young officer who became a priest later. I was wearing a yellow organdy dress which had puffed sleeves and a square neck."

Miller also frequented the club with her aunt who was an Army nurse. She also enjoyed the club under her grandmother's membership, and eventually obtained her own membership in 1981.

"To be perfectly honest with you, I cried when I heard the club was closing," Miller said. "We (referring to herself and other faithful regulars) did everything to stop the club closure. We filed a petition and tried to get congressmen and senators involved. We even got Lady Bird Johnson to ask Washington, and that's when we really knew it was going to close. I thought 'what am I going to do?' I ate here all the time since my husband died in 1994."

Miller was diagnosed with Hodgkin's disease that year.

"When you live alone, you tend to snack, and because of my illness, it was very important to have one good, nutritious meal a day," added Miller. "Where else could I eat such a meal for \$4.95? I can't cook for myself for that price. I have come here for a long time. All the staff knows me here and considers me as what I hoped to be, a permanent ornament."

Aside from the fact that Miller met her husband at the club, the building represents a diary of precious memories for her.

"I remember a night when I came dancing here when I wore my black lapin jacket for the first time," Miller said. "When I was ready to leave, I went to the coat-check area, and the attendant said that my coat was checked out by a colonel's wife. Apparently, the wife had a few too many drinks and decided she wanted my jacket. In order to not make a scene, her husband told the attendant to tell me to take his wife's coat and that he'd have the jacket to my house first thing next morning. I didn't mind because I knew he was an officer and a gentleman. I also left the club with his wife's full-length mink coat. The colonel was at my door at 8:30 a.m. next day as promised, so I had my jacket back for church."

Every corner of the club reminds Miller of a different story to include her experience with the fireplace once located between the Ord and Sam Houston Rooms.

"I came here on a date on a cold night, so while I was waiting for him to park the car, I ran toward the fireplace to warm up and lifted up my skirt from behind, and next thing I knew, I heard some laughter behind me and found out that the fireplace was a see-through kind and everyone was laughing because they all saw my knickers."

It took some serious convincing for Miller to try out the Sam Houston Club. She went to the club for the first time with a former post provost marshal, also a faithful officers' club member.

Whether it's the club's customers or employees, people attached to the

officers' club get choked up talking about their time spent there.

"When you first walk in the place, it overwhelms you because it's so beautiful," said June Dean, former club manager who worked with Fort Sam Houston's club system for 32 years. "I learned from a former club management system chief, Ernie Holston, to take the time every Sunday and stop by everyone's table and ask them how they were doing and how their families were. I was blessed to work here."

While working at the club, Dean recalls members who came as captains and returned years later as generals.

"I met some great people here," added Dean. "I remember Col. Ed Bradshaw, a once garrison commander, who'd come to the club every Thursday for Joe's beans. Another couple, Doug and Julie Dicky, had sort of adopted all employees. They'd make cakes for every birthday and enough cookies for both shifts for Christmas. The club was like family to me, so I cried when I found out it was closing."

Much like Dean, Luis Lopez-Correa (known as Luis by employees and members) is another faithful employee of the club working there as a maintenance worker for 18 years.

"We had over 60,000 members at one time; I remember because I used to mail the flyers," said Lopez-Correa. "Older people who were supporting the club couldn't come any more because they were getting too old to drive at night, so the membership dropped. It also lowered even more after 9/11. I am retiring soon, and since I am ex-military, I am used to leaving places, but it's sad for most of the people who have been coming here for years."

A bar and dance floor in the basement, the Raven Room, was a popular place on Fridays. The room was named after the nickname given to Sam Houston by the Cherokee Indians.

"The Raven Room was very popular among the 'academy' (Academy of Health Sciences) students," said Kathleen Salazar, the club's last catering manager. "I can't even remember the number of events we catered at the club since there were so many. Congressman Frank Tejeda always used the Sam Houston Room to meet local veterans. Henry B. Gonzales had his 50th wedding anniversary there as well."

The club's pool, added in 1937, was another popular area for special events.

"There were many pool parties at the pool before it was filled up," added Salazar. "It was sad to see it filled up because a lot of people who grew up here came back and saw it gone. I was relieved to know that the building would be taken care of because it has a lot of charm and grace to it."

The officers' club was completed in 1935 and included 14 apartments where famous figures such as the Eisenhowers stayed. Then, it took 450 officers paying a \$45 sub note and a \$2 monthly fee to set the club up. It was built by Bannspach Brothers of San Antonio. Every room is named after a military personality. The Eisenhower, Ord and Pershing rooms are among the nine ballrooms and party rooms located in the building. Unlike all other MacArthur facilities on post which were named after Arthur, the lieutenant general father of Douglas, the MacArthur Room in the officers' club was actually named after his son, Gen. Douglas MacArthur.

Most employees of the club were reassigned to the consolidated club and others were placed else where within the MWR on post.

"The Residential Communities Initiative and Lincoln Property will take over the building once it's turned over by MWR," said George. "It will be a community center for the post family housing, but the Frame Shop (located in the basement where it was once the Raven Room) and the Barber Shop (near the entrance) will stay."

Some of the club's items to include an original Salinas painting, presented to a graduating class by the West Point Alumni in 1945, have been turned into the post's museum. On Wednesday, Feb. 17 and 18, from 9 a.m. to 3 p.m., MWR will conduct a cash and carry sale which is open to the public. During this sale, everything that was not transferred to other MWR facilities or the post museum will be available for sale. Some items for sale include the Sam Houston Room chandeliers which were originally purchased for \$1,800 and will be sold for \$200. There will also be plastic trays with the club's logo and name for sale. These are the only items in the inventory which contain the club's logo.

"The MWR capitalizes on all their equipment and furniture and sells them for fair market value once they are fully depreciated," said Lonnie O'Haver, chief property book officer for non-appropriated funds.

The kitchen's main dishwashing machine, purchased for \$43,000 in 1988, will be sold for \$1,000.

The sale helps raise money for MWR, and affords guests and friends of the club a once-in-a-lifetime opportunity to preserve their precious memories by owning a piece of history.



Margaret Miller, a long time loyal officers' club member, George, Morale Welfare and Recreation chief of business operations division, at the consolidated Sam Houston Club.



s for members, employees



(Above) The Raven holding a beer mug still stands on the floor of what is now the post's Frame Shop.

(Left) A portrait of Gen. Douglas MacArthur hangs over the fireplace in the MacArthur Room.



e officers' club member, shares her memories of the old club with Barbara and Recreation chief of business operations division, while having lunch Houston Club.



(Left) Luis Lopez-Correa inventories club trays, the only items remaining on the club record with the club logo, they are available for sale at the upcoming cash and carry sale.



Lopez-Correa takes down Gen. Pershing's portrait, also available for sale at the cash and carry sale, from the Pershing Room.



Courtesy photo
Latin American officers gathered in the Sam Houston Room for a dinner in October 1940.

Faith-based fitness



Photo by Carolyn Wafford

Wendy Feagler and Kristi King work out on the elliptical machines during the Faith Fitness for Women class sponsored by the Protestant Women of the Chapel. The program helps women improve their physical fitness through faith-based encouragement and support. The group meets Tuesdays and Thursdays from 9 to 10 a.m. at the Jimmy Brought Fitness Center’s basketball court, and is open to all post women. Women can work out, hold babies for other women or just come and pray. For more information, call Donna Cline at 829-4479.

RELIGIOUS HAPPENINGS . . .

Positive moms group

The Protestant Women of the Chapel sponsor an enrichment class for Fort Sam Houston women seeking positive ways to deal with the complex job of being a mom. The class is Thursdays from 6:30 to 7:30 p.m. at the Dodd Field Chapel. The group will read and discuss, “The Power of a Positive Mom” by Karol Ladd over a 10-week period. Childcare for infants to 5-year-olds will be provided. For more information, call 829-4479.

Officer Christian Fellowship

Officers can start 2005 off with Bible study. See what Officer Christian Fellowship is all about at Bible study Friday and Feb. 25, and March 4 and 11. Dinner is at 6 p.m. and Bible study is 7 p.m. at 1008 Gorgas Circle, near the old Brooke Army Medical Center. For more information, call Lt. Col. Bob Griffith at 226-1295 or e-mail rgriffith3@satx.rr.com.

Couples’ retreat

A Dodd Field Chapel group will host a couples’ retreat March 5 and 6. Free childcare will be provided for all attendees until 3 p.m. Attendees must provide their own childcare for the overnight. There is a suggested donation of \$30 per couple and \$15 per single. For more information, call Bonnie Miller at 822-6619 or e-mail bonniemiller68@yahoo.com, or Cindy Richardson at 262-9551 or e-mail zinzia@aol.com or visit www.samhouston.army.mil/chaplain.

POST WORSHIP SCHEDULE

Main Post Chapel, Bldg. 2200, 221-2754
Catholic Services:
4:45 to 5:15 p.m. - Confessions - Saturdays
5:30 p.m. - Mass - Saturdays
9:30 a.m. - Mass - Sundays
11:30 a.m. - Mass - Weekdays
Protestant Services - Sundays:
8 a.m. - Traditional Protestant
11 a.m. - Traditional Protestant
Jewish Services: phone numbers: 379-8666 or 493-6660
Fridays: 8 p.m. - Worship and 8:30 p.m. - Oneg Shabbat
Dodd Field Chapel, Bldg. 1721, 221-5010 or 221-5432
Catholic Services - Sundays: 12:30 p.m. - Bilingual Mass
Protestant Services:
10:30 a.m. - Collective Gospel Protestant - Sundays
9:30 to 11:30 a.m. - Women’s Bible Study (PWOC) - Wednesdays, childcare is provided
AMEDD Regimental Chapel, Bldg. 1398, 221-4362
Troop Catholic Mass: Sundays:
10 a.m. - 32nd Med. Bde. Soldiers
Troop Protestant Gospel Services:
Sundays: 11:30 a.m. - 32nd Med. Bde. Soldiers
Troop Protestant Service:
9 a.m. - 32nd Med. Bde. Soldiers
FSH Mosque, Bldg. 607A, 221-5005 or 221-5007
1:30 p.m. - Jumma - Fridays
10:30 a.m. - Children’s Religious Education - Sundays
7:30 p.m. - Adult Religious Education - Thursdays
BAMC Chapel, Bldg. 3600, 916-1105
Catholic Services:
8:30 a.m. - Mass - Sundays
11:15 a.m. - Mass - Sundays
11 a.m. - Mass - Weekdays
Protestant Services:
10 a.m. - Worship Service - Sundays
Noon - Worship - Wednesdays
232nd Medical Battalion Classroom, Bldg. 1380, 221-5005
Mormon Services: 10:30 a.m. - Sundays
Web site: www.cs.amedd.army.mil/chaplain

Post Pulse: Are you planning anything special for Valentine's Day?



"I'm planning a candlelight dinner for my wife. After 43 years of marriage, I plan something different every year."
William T. Scott



"Every year I send my wife flowers at work so she can get the exhilaration of receiving flowers at work. I also put rose petals throughout the house."
Sgt. 1st Class Alex Ibarra



"We plan to combine Valentine's Day and our anniversary and celebrate both today by making a nice seafood dinner."
Lori Newman



"I plan on taking my wife out to dinner. My wife and I always go out to dinner for Valentine's Day."
Command Sgt. Maj. Robert H. Hurst

CHILD AND YOUTH SERVICES

Youth Happenings

Cheer clinic
Youth Services sponsors a weekly cheer clinic beginning in March for two age groups: 5- to 8-year-olds and 8- to 12-year-olds. The cost will be announced at a later time. Participants must be registered with Child and Youth Services. For more information, call 221-3502 or 221-5513.

Teen ice skating
An ice skating night out for teens is Friday from 7 to 10 p.m. at Northwood Ice Center. The cost is \$8 per person. Space is limited. To sign up in advance, call 221-3502.

Cooking class
Youth Services offers a Friday night cooking class starting at 4 p.m. This week, students will make valentine cookies.

Teen Council meeting
A Teen Council meeting will be held Saturday from 5 to 6 p.m. All council members should attend to help plan future calendars and make plans for spring break and summer events.

Boredom remedy
Youth Services offers after school and

weekend opportunities for sixth through 12th graders. For more information, call Youth Services at 221-4882 or Child and Youth Services central registration at 221-4871.

Sports registrations
Registration for baseball, softball and T-ball runs through Feb. 28. The cost is \$45 for the first child, \$40 for the second and \$35 for the third if all are from the same family. For 3 and 4 year old step T-ball, the cost is \$30 per child. Track registration is also under way. Children must be registered with Child and Youth Services, and a birth certificate and a physical are required. For more information, call 221-3502 or 221-5513 or stop by the Youth Center, Bldg. 1630, between 10 a.m. and 7 p.m.

Free after school program
Youth Services offers an after school program for sixth through ninth graders weekdays until 6 p.m. YS will pick up children from either the elementary or high school. Students go to the Youth Center, have a snack, work on homework, participate in clubs and do fun, innovative projects. Students must be registered with Child and Youth Services, which has an \$18 annual fee, but the program is free. For more information, call 221-3502.

Saturday shuttle
Youth Services offers a Saturday shuttle to and from the Youth Center. There is no cost but parents with children 9 years old and younger must wait for the van and sign them in and out. The shuttle schedule is
3 p.m. - leave the Youth Center
3:10 p.m. - Gorgas Circle (picnic tables)
3:13 p.m. - Schofield/Dickman on Schofield
3:16 p.m. - Reynolds and Dickman on Reynolds
3:20 p.m. - Officers' Club tennis courts
3:25 p.m. - Artillery Post Road at bus stop
3:30 p.m. - Easley/Infantry Post at bus stop 660
3:37 p.m. - Patch Road (playground)
3:40 p.m. - Marvin R. Wood (basketball courts)
3:47 p.m. - Patch Road (shoppette parking lot)
3:51 p.m. - Foullois/Scott Road (Harris Heights)
3:54 p.m. - Forage/Foulois
4:02 p.m. - Powless Guest House
The return shuttle will leave the Youth Center at 7:30 p.m. for those in fifth grade and below. There is also a shuttle that leaves at 9:30 p.m. for those in middle school and at 10:30 p.m. for those in ninth grade and up. These shuttles are for youth who live on the installation. For more information, call 221-3502.

Parent News
Home-based child care
Family Child Care offers home-based child care for ages 4 weeks to 12 years old on and off post with certified providers. FCC offers full day, part day, before and after school care, hourly care, extended hourly care and long term care. For referral information or child registration, call Child and Youth Services Central Registration at 221-4871 or 221-1723.

FCC providers
Family Child Care is looking for family members interested in becoming certified FCC providers. There is a no-cost start-up plan. FCC installation training for new providers is Monday to Feb. 18 from 8 a.m. to 4 p.m. For more information, call 221-3820 or 221-3828.

PAC meeting
The Child and Youth Services Parent Advisory Council will meet Tuesday from 11:30 a.m. to 12:30 p.m. at the Child Development Center, 2530 Funston. Lunch will be provided. This is an opportunity for parents to learn of upcoming events, meet staff and address concerns. A speaker will discuss dental care for children at the meeting.

SCHOOL NEWS

FSH Independent School District Weekly Campus Activities Monday to Feb. 19

**Fort Sam Houston
Elementary School**

Feb. 18
Black History Month Program, 8:30 a.m. and 9:15 a.m.
Spirit Day

Robert G. Cole Jr. / Sr. High School
Tuesday
Boys' basketball at Comfort, 6 and 7:30 p.m.

Feb. 17
Baseball scrimmage vs. Stockdale at Cole, 4:15 p.m.

Feb. 18
Cole "Chili Cookoff" in mall area, both lunches
Baseball scrimmage vs. TMI at Cole, 4:15 p.m.
Golf team tourney at Pleasanton, 7:30 a.m.

Feb. 19
JROTC drill meet at Fort Worth, all day
UIL One Act Play Festival at McCollum High School, 1 to 2:30 p.m.
Golf team tourney at Pleasanton, 7:30 a.m.

Students of the month



Courtesy photo

Each month Cole Jr./Sr. High School recognizes one student from each grade level for outstanding attitude, citizenship and overall contribution to the school. The students are nominated by their teachers and then one student is selected by the faculty of each grade level. The Principal's Students of the Month for February are (from left) Janelle Uncangco, ninth grade; Anne Cenney, 10th grade; Elizabeth Bagg, 11th grade; Ashley Kelley, 12th grade; Jacqueline Arnold, 7th grade; and Kelsey Charlton, eighth grade.

Dear Parents...

**Do your children
need a safety helmet?**



STOMP conference
A Specialized Training of Military Parents, or STOMP, conference will be Feb. 24 and 25 from 8 a.m. to 4:30 p.m. at the Education Service Center, Region 20 conference center, 1324 Hines Ave. STOMP is a federally funded parent training and information center established to assist military families who have children with special education or health needs. The conference will cover basic rights and regulations and topics include TRICARE, Medicaid, wills, guardianship, communication skills, Exceptional Family Member Program and basic education rights. The STOMP staff comprises parents of children with disabilities who have experience raising their children in military communities and traveling with their spouses throughout the world. For more information, call Kerry Dauphinee, installation EFMP manager, or Riccardo Reeves, EFMP manager assistant at 221-2705.

TAPPEstry conference
The 2005 TAPPEstry conference will be Feb. 26 from 8 a.m. to 3:15 p.m. at the Education Service Center, Region 20 conference center, 1324 Hines Ave. The conference title is "Parent and Professional Partnerships: The Ties that Bind" and is for teachers, administrators, parents and other professionals working with special needs students. The conference includes a presentation on communication, and The Playmakers, a San Antonio-based acting troupe of men and women with developmental disabilities, will perform "Now What," which deals with transitions. Other topics include behavior, early childhood, specific disabilities and differentiated instruction. Administrators, teachers and other professionals can register online at <http://www.esc20.net/workshop.htm>. For more information or a parent-registration form, call Dawn White at 370-5402 or Becky Tarwater at 804-7201, ext. 382.

Board of Trustees meets
The Fort Sam Houston ISD Board of Trustees will meet at the Fort Sam Houston ISD Professional Development Center, 1908 Winans Road, for a regular meeting Feb. 24 at 11 a.m.

COMMUNITY LINK

Happenings

Re-enactment at the Alamo

The public is invited to attend a free re-enactment of General Twiggs’ historic 1861 surrender in front of the Alamo. A living history encampment will be set up in Alamo Plaza Saturday from 10 a.m. to 3 p.m., and the surrender will be recreated by more than 150 military history re-enactors at 11 a.m. and 2:30 p.m. Sam Houston, General David Twiggs, Ben McCulloch, Sam Maverick and Robert E. Lee are just a few of the historical figures that will be portrayed. For more information, call Rudy Krisch III at 736-0924 or e-mail Ian Straus at istraus@texas.net.

VFW Veterans Appreciation Day

VFW Post 8541 will host a Veterans Appreciation Day Sunday. Soldiers returning from Operations Iraqi Freedom and Enduring Freedom deployments are welcome. The event starts at 3 p.m. at 2222 Austin Highway.

Downtown San Antonio walk

The Trinity Trekkers volksmarch club kicks off its new year-round 10-kilometer (6.2 mile) walk Saturday in downtown San Antonio. The start is at the Holiday Inn, 310 West Durango, and the walk registration table will be open from 8 a.m. to 11 a.m. The walk celebrates the Catholic churches of downtown San Antonio. For more information, e-mail David N. Toth at dntoth@sbcglobal.net or call 521-8684.

Children’s vegetable garden

The San Antonio Botanical Gardens is accepting registration for their Spring 2005 Children’s Vegetable Gardening program. The program teaches children, ages 8 to 13, how to plant, care for and harvest their own organic vegetable garden. Participants will meet every Saturday morning from 9 to 10:30 a.m., Feb. 26 through June 12. Children must be accompanied by a parent or an adult guardian. Enrollment is available on a first-come, first-served basis. For more information, call 207-3270.

NAF property cash and carry sale

A non-appropriated funds property sale will be Wednesday, Feb. 17 and 18 from 9 a.m. to 3 p.m. in Bldg. 407 (Officers’ Club). Forms of payment accepted are cash, personal checks with picture identification, Visa or MasterCard. All sales are final. Property sold as is, where is. Items must be removed at time of purchase. Used items available for sale include microwave ovens, carpet tiles, desk chairs, wall art, monitors, televisions and chandeliers. There will also be new items for sale. There will be no prior viewing of sale property. For more information or directions, call the Morale, Welfare and Recreation warehouse at 221-4449 or 221-4950.

Scholarships for Military Children

There’s still time to submit an application to the Scholarships for Military Children program. The deadline for the \$1,500 scholarships is Wednesday and all applications must be delivered to the commissary by the close of business that day. At least one scholarship will be awarded at every commissary location with qualified applicants. The application can be downloaded through a link at <http://www.commissaries.com> or downloaded directly from <http://www.militaryscholar.org> and filled out by hand or on the computer.

Copies of the application are also available at commissaries worldwide. Additional instructions can be found on the application or at <http://www.militaryscholar.org>.

Historic Fort Sam tour

The Fort Sam Houston Officer and Civilian Spouses’ Club will sponsor a Tour of Homes on historic Fort Sam Houston April 1 from 10 a.m. to 2 p.m. Advanced tickets may be purchased Feb. 17 for \$10 in front of the PX. Tickets may be purchased the day of the tour for \$12 at the Stilwell House. For more information, call Betty Kotoriy at 545-0815.

Camp Fair 2005

Parents interested in registering their children for OUR KIDS magazine’s 11th annual camp fair can attend an informational session Feb. 27 from 1 to 4 p.m. at Home Court America, 8131 Pinebrook at I-10 and Callaghan. For more information, call Mary Anne Moffett or Pat Ramotowski at 349-6667.

Professional Development

Master’s degree in 12 months

The National Graduate School of Quality Management is now accepting applications for a master’s program scheduled to start in March. Classes will be one night a week from 6 to 10 p.m. at Fort Sam Houston. Students will earn a M.S. in Quality Systems Management. Master’s business project replaces thesis. The institution is regionally accredited, nationally recognized and eligible for VA/TA benefits. For more information, call (800) 838-2580, 410-9147 or 213-1248 or visit www.ngs.edu.

University of Phoenix info

A University of Phoenix representative will be at the Fort Sam Houston Education Center, Bldg. 2248, Room 201, Wednesday from 9 a.m. to 3 p.m. The university enables people to earn their bachelor’s or master’s degree in the most efficient way possible. For more information, call 524-2126 or e-mail Thomas.Thiergart@phoenix.edu.

NCOA Job Fair

The Non-Commissioned Officers Association Job Fair will be at the Live Oak Civic Center Wednesday from 9 a.m. to 3 p.m. The job fair targets transitioning military personnel, but is also open to the public. It is a great resource for military personnel retiring or separating from the military and is provided as a free service to job seekers by the NCOA.

Job search workshops

Family Employment Readiness Program will offer two workshops to help military family members with their job search. A resume writing workshop will be held Wednesday from 9 a.m. to 12 p.m., and an interview workshop will take place Feb. 23 from 9 a.m. to 12 p.m. Reservations are requested for either workshop. A valid military family member ID card is required. For more information or to register, call Katja Lunsford at 221-0427.

Job fair

The semi-annual San Antonio Military Community Job Fair will be March 23 from 9:30 a.m. to 3 p.m. at Live Oak Civic Center, 8101 Pat Booker Road. More than

100 employers will be represented. People should bring several copies of their resume to provide to potential employers. For a list of participating employers, go to <http://www.taonline.com> and follow prompts to job fairs. For more information, call the Fort Sam Houston Army Career and Alumni Program at 221-1213.

St. Mary’s University counselor

St. Mary’s University will have a counselor available at the Education Services Center, Bldg. 2248, upstairs daily in room 206, from 9 to 11 a.m. To learn more about the master of arts in Educational Leadership program and teacher certification, call 226-3360 and schedule an appointment.

Free computer training

Family members of active duty or retired Army military personnel may receive computer training to prepare for the job market through the Family Employment Readiness Program. Automated, self-paced training is available on all Microsoft Office software (Word, Excel, Access, PowerPoint), Windows, Outlook, QuickBooks (accounting), customer service, clerical and typing skills (typing instruction also available in Spanish). For more information or to register, call Katja Lunsford at 221-0427.

Homeland security course

The Defense Medical Readiness Training Institute offers a Homeland Security Medical Executive Course from June 13 to 17. The course will be conducted at the Omni Hotel at South Park in Austin, (512) 383-2602. For course information, call Tech. Sgt. Stuart at 221-2434 or DSN 471-2434. For registration and

other course information, visit DMRTI’s Web site at <http://www.DMRTI.army.mil>.

Meetings

Local comptrollers meet

The Alamo City Chapter of the American Society of Military Comptrollers will sponsor a community service day activity at Sunshine Plaza, 455 East Sunshine Drive, Saturday. The chapter will help an assisted living apartment complex of fixed income residents. Activities begin at 9 a.m. in the main recreation room. For more information, call Jane Keller at 536-5324 or e-mail jane.keller@brooks.af.mil.

OCSC luncheon

The Fort Sam Houston Officers and Civilian Spouses’ Club will hold its monthly luncheon Tuesday at 11 a.m. at the Sam Houston Club. The luncheon features a fashion show from Stein Mart, along with a “Make It, Bake It, Fake It, Grow It,” silent auction. For more information or reservations call Sigrid Reitstetter at 226-8806 or e-mail sigrid.reitstetter@amedd.army.mil by noon Friday.

Volunteer

Warrant Officers needed

A Warrant Officer Recruiting Team from U.S. Army Recruiting Command at Fort Knox, Ky. will brief people interested in becoming warrant officers on qualifications and application procedures Feb. 24 at 9:30 a.m. and 1:30 p.m. at the Roadrunner Community Center, Bldg. 2797, Stanley Road. For more information, call Master Sgt. K. Leon at 221-2800 or DSN 471-2800.

Black History Month observation

The U.S. Army Medical Command will host their annual Black History Month program Feb. 23 from 10 to 11 a.m. in Bldg. 2792, Wood Auditorium. For more information, call Theda Smith at 221-6522.

Read Along Program

Volunteers are needed to read books on topics about black history to elementary school children. For more information, call Master Sgt. Pauline Perry at 221-7804.

Black history trivia contest

1. In the past 63 years, 79 accomplished Black Americans have been honored by the U.S. postal system. How did the postal system honor them?

2. What African American holiday is celebrated from Dec. 26 to Jan. 1.

3. A minister associated with the Ku Klux Klan was recently arrested for a crime that occurred in the 1960s. For what crime was he arrested and what is the name of the movie based on the event?
4. A poem titled, “The Pulse of the Morning” was recited at President Clinton’s inauguration Jan. 20, 1993. What black poet/author wrote the poem?

5. Jefferson Davis was unable to fill his term in the U.S. Senate, and on Feb. 25, 1870, Hiram R. Revels, a Republican from Mississippi was sworn in to complete the term. What was significant about this event?

Feb. 3 trivia answers

1. The Niagara Movement

2. Sojourner Truth

3. Four to five years

4. Juneteenth - June 19, 1865

5. The Buffalo Soldiers
- Trivia contest answers must be sent via e-mail to Gayle.Ellis@cen.amedd.army.mil or delivered in a sealed envelope addressed to Gayle Ellis, Black Employment Program committee member, room 1335, Bldg. 2841, no later than the Wednesday following the publication of the questions. The winner will be the person who submits the first set of correct answers. E-mail responses are encouraged.

Trivia answers for the issue will be published in the Feb. 17 issue of the News Leader; however, the contest winner’s name will not be published until the following week.

The winner of the Feb. 3 Black history trivia contest was Command Sgt. Maj. Michael J. Kelley, 32nd Medical Brigade.

FORT FREEBIES

Freebies are published on a first-come, first-served basis. Commercial advertisements are prohibited. The deadline is noon Monday. Freebies are intended for personal household goods and privately owned property, and may only be submitted by active, retired or reserve component military members and civilian employees working on Fort Sam Houston. To submit paid classified ads or commercial advertising, call Prime Time at 453-3300. To submit a Fort Freebie, e-mail to news.leader@samhouston.army.mil or fax to 221-1198. Ensure your military and Fort Sam Houston civil service status, phone number and name appear on request. Limit of five items per entry.



For Sale: 2001 Pewter Chevrolet Z71 extended cab, 56K, full warranty, seven years old, 100K, \$17,500; antique oak serpentine chest, \$275; Rosenthal Pompadour Moss Rose china, eight settings plus many extra serving pieces, \$1,300; 1995 Palomino roll up truck camper like new, \$2,000; two yellow Royack fiberglass kayaks, \$1,400. Call 497-8139 or 386-0373.

For Sale: Weight machine with bench, can be used for bench presses, leg and upper arm and body exercise and conditioning, \$85 obo; two Potenza RE93, 225/55R16 tires, cost \$200 ea, good tread remaining, \$60 each or both \$100; entertainment console, black lacquer with glass doors on storage shelves, \$90 obo; two new kitchen chairs, vinyl, beige on casters, \$25 each; sofa hide-a-bed, dark green with floral design, \$75 obo. Call Sam at 696-9962 or 771-0915.

For Sale: Electric stove, \$150 obo; kitchen table and chairs, \$150 obo; cellular phones, all brands for best offer, two T-

Mobile, one Sprint and five Cingular. Call Sandra at 648-6321.

For Sale: Two-ball pythons, 3 1/2-foot male, 4-foot female, 4 by 2 1/2 by 2 1/2 foot mesh cage, accessories included, \$300. Call Michael Hurtado at 590-2126.

For Sale: Harvard NXG Soccer (foosball) table, like new, red with maple veneer and chrome, great for kids, \$100. Call David Taylor at 316-3066 or (830) 755-5228.

For Sale: Chain link fence, approximately 160 feet, \$150; bedroom set, includes swivel mirror, desk with shelves and dresser (white wicker), \$175; wood play set, includes swings, slide and sandbox, \$150. Call John Shillingburg at 513-3271 or 223-9236.

For Sale: Whirlpool dishwasher, used one time, \$220; new 16-inch Abetta Western saddle, lightweight, \$250. Call Frank Gugudan at 655-1725 or 535-4412.

For Sale: Whirlpool side-by-side refrigerator and freezer, 25.2 cubic feet,

ice maker with front in-door water cube and crushed ice dispenser, looks and runs like new, \$325 obo; two dark navy blue, leather three-seat sofas, paid \$2,000 but asking \$1,000 for both; recliner chair with foot stool, modern design with eggshell white leather, \$200. Call Fred at 602-1534.

For Sale: New indoor rowing machine, Concept II model D with performance monitor, purchased for \$800, will sell for \$725 obo. Call David at 391-4019.

For Sale: Computer, AMD FX-55 CPU, Gigabyte SLI MB, one meg RAM, two Geforce 6800GT 256 meg video cards, 74 GIG 10,000 RPM HHD, 19-inch LCD monitor, wireless keyboard and optical mouse, speakers, XP Pro, Office 2003 Pro, Photoshop CS, Adobe Premiere Pro and more, \$3,975. Call Daniel Hankins at 221-0860 or 497-2907.

For Sale: Oakwell Farms three-bedroom, two-story house, two and a half bath, study, covered patio in a gated com-

munity with a pool and tennis courts, close to Fort Sam Houston, built in 2000, large utility room, nice yard. Call 824-4770.

For Sale: Dress blue uniforms, 40-inch jacket, trousers 30-inch or 32 by 31 inch (has about 2-inch hem), \$100; semi-sheers curtains, champagne color, six panels, 80 by 60 inches each, \$50. Call Victor Ortiz at 697-9261.

For Sale: 2002 Itasca Sunova motor home, 31 feet long with slide, 5,500 miles, \$55,000; 2003 Honda Civic EX tow car, 13,000 miles, \$15,000; will sell both for \$68,000 obo. Call Mac at 437-0042.

For Sale: Lazy-Boy navy blue leather sofa and matching love seat, excellent condition, only one year old, \$1,800 obo. Call Victor at 832-8482.

Free: One-and-a-half-year-old male Weimar, Visla mix, neutered with all shots, very friendly, gets along with cats and dogs. Call Melanie Mathews at 845-1152.